About it

With one in five Australian adults experiencing a mental illness in any given year, it is highly likely that you will work with someone with a mental illness at some point in your career.

Mental health issues in the workplace have a significant monetary impact on an organisation’s productivity, retention and bottom line. The cost of remaining un-informed is far greater than the cost of implementing strategies to overcome these issues.

At this FREE Information Session you will hear from two highly trained Mental Health specialists who will:

- Provide you with an insight into the impact of mental health issues in the workplace,
- Give you ideas on how to overcome workplace stigma surrounding mental health,
- Enable you to develop strategies to prevent absenteeism and increase productivity, and
- Explore a range of tools that you can use for early identification and intervention.

DATE: Tuesday 10th Mar 2015
TIME: 5.00pm – 7.00pm
LOCATION: The George (London Room)
216 St Georges Terrace, Perth
RSVP: 27th Feb with any dietary requirements

Speakers

**Jacky Woods** is a mental health lecturer at West Coast Institute where she develops and delivers mental health training to Enrolled Nurses, enrolled nursing students, public and private organisations and the community sector. A Credentialed Mental Health Nurse with over 17 years’ experience, Jacky is passionate about making a difference in people’s lives and reducing the stigma that surrounds mental health. Jacky has a published article in the Australian College of Mental Health Nurses International Journal (2013).

**Liz Caddy** has worked as a Credentialed Mental Health Nurse in public and private settings for over 25 years and now works as a nursing lecturer at West Coast Institute and UWA. Liz holds a Master in Human Services Counselling and is also a professional member of the Australian and New Zealand Arts Therapy Association. She co-wrote an article published in the Australian College of Mental Health Nurses International Journal (2013) and has additional articles published in other accredited journals.

“Australian businesses lose over $6.5b each year by failing to provide early intervention or treatment for employees with mental health conditions.”

(Australian Human Rights Commission)